

Chesterfield Cheerleader League

General Rules for the Spectacular are as follows:

1. Each team must choose one style: Performance or Traditional.
2. All teams participating in Spectacular must be affiliated with the Chesterfield Cheerleader League, either through football or basketball cheer.
3. The age guidelines set forth by CCL will be followed for each division.
4. We will allow one Flag, Minor, Junior & Senior team from each association.

****Exception – Teams with 40 or more participants at a single level will be allowed to split the team equally to create an additional team for Spectacular purposes.****

5. Teams above the Flag level can combine up to one level up.
 - a. Minors and Juniors can combine, or Juniors and Seniors can combine. Minors and Seniors may not combine. Flag cheerleaders cannot cheer with athletes on any other level.
 - b. Combining teams of 7 or less participants will be allowed.
 - c. When combining in accordance with these rules, you must combine entire teams. Crossovers will not be allowed.
 - d. Teams that have combined will perform based on the higher age level.
6. Level rules are outlined in the CCL SCORING SYSTEM AND RULES document published for the current year.

Definitions

Performance Style

Performance is defined as a division that will follow the level and routine guidelines for recreation cheer set by CCL. They will be allowed 2 minutes and 30 seconds of a music only routine.

Traditional Style

Traditional is defined as a game day focused division that will follow the level guidelines set forth by CCL. Routines will include a cheer portion. These teams will be allowed only 1 minute 30 seconds of music and up

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to 3 minutes total for their routine.

Crossovers

Crossovers within the context of CCL can be defined as one or all of the following:

1. Athletes that do not perform with the team of their age level.
2. Athletes that perform with the team of their age level and perform with one or more teams outside of their age level.
3. Crossovers are not allowed at CCL Spectacular.

Running Tumbling

Tumbling that involves a forward step or a hurdle used to gain momentum as an entry to a tumbling skill.

Standing Tumbling:

Tumbling that is executed from a standing position without any previous forward momentum.

Legality Questions

For questions on what level a stunt or tumbling is considered, please send an email to cheer4ccl@gmail.com.